

Scottish Athletics Federation



National Cross Country Championships

For Males and Females

Bell Baxter High School

Cupar, Fife

Sunday 7th February 1999

At 12 noon

Official Programme £1.00

In Association with



**FIFE AC,
YOUR HOST CLUB TODAY
WELCOMES EVERYONE
TO THE 7th ANNUAL
NATIONAL
CROSS-COUNTRY CHAMPIONSHIPS**



TIMETABLE

RACE	DECLARATIONS CLOSE	RACE STARTS	DISTANCE
Under 13 Boys	11.30	12.00	3,200 metres
Under 13 Girls	11.45	12.15	3,200 "
Under 15 Boys	12.00	12.30	4,000 "
Under 15 Girls	12.15	12.45	4,000 "
Under 20 Men	12.35	1.05	8,000 "
Under 17 Women	1.00	1.30	4,800 "
Senior Men	1.10	1.50	12,000 "
Sen/Jun Women	2.10	2.40	6,400 "
Under 17 Men	2.40	3.10	6,400 "

NOTE It is approx. 0.5 mile from Bell Baxter School to start

PRESENTATIONS

Individual awards will be made immediately after each race at the course.

Team awards will be made in Bell Baxter High School at 4.30pm approx.

SPECIAL NOTICES

- (1) Please follow direction signs to course and **KEEP TO THE FOOTPATH**
- (2) It must be strictly observed that warming up will not be allowed on the actual course.
- (3) Spikes or cross country shoes should be removed before entering Bell Baxter High School
- (4) In all races numbers must be worn **FRONT**
- (5) Club vests must be worn. Athletes not wearing club vests will be liable for disqualification
- (6) Athletes and spectators must not encroach on the start/finish area
- (7) Toilets are available at the start/finish area
- (8) I.A.A.F advertising rules will be strictly enforced

SCOTTISH ATHLETICS FEDERATION OFFICE -BEARERS

Hon President
President DD
Vice President
Chief Executive

W.M.Campbell CBE QC MP
Prof R.Morrison
Mrs J.Watt
D.Joy

ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convenor
Vice Convenor
Hon Secretary
Finance Officer

Mrs E.Gunstone
W.A.Robertson
B. Goodwin
D.McLaren

THE A T MAYS TROPHY FOR THE OVERALL TEAM PERFORMANCE

Rules Determining Winner of Trophy

- (a) Clubs will be awarded points in each race equal to the finishing position of their team. That is 1st team (1 point) 2nd Team (2 points) etc
- (b) The AT Mays Trophy will be awarded to the club that scores the lowest aggregate number of points over the 5 National Championships calculated as per (a)
- (c) If part (b) fails to obtain a result then only clubs who have finished a Senior team and declared teams in other races are eligible for this trophy. In this case the trophy will be awarded to the club with the lowest aggregate number of points calculated as follows
- For finishing teams points are awarded as per part (a)
 - For declared but non-finishing teams the points awarded will be the highest team placing plus 1
 - The result will be determined for clubs with 4 finishing teams and if failing to achieve a result for 3 finishing teams and then 2 finishing teams
- (d) Clubs not finishing a Senior Team are not eligible for the trophy
- (e) In all cases in the event of a tie position of the club finishing highest in the senior race will be adjudged the winner

THE PAT SPENCE MEMORIAL TROPHY WILL BE AWARDED FOR THE OVERALL WOMEN'S BEST PERFORMANCE
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OFFICIALS

Referee	J.Young
Clerk of the Course	D.Francis.
Judges/Funnel Control	R.McSwein (Chief) W.Banks, A.Potts, D.Wilmoth.
Timekeepers	J.Scott (Chief), J.G.Bruce, W.Ramsay, G.Sword, C.Stewart, D.McSwein, H.Quinn,
Recorders (Places)	Mrs S.Hardacre (Chief),A.Cameron, I.Hislop, I.Mann, R.Oliver, Mrs B.Oliver, Mrs J Cameron
Recorders (Times)	Mrs M.Daly, Mrs M.Wilmoth.
Starters	B.Craighead(Chief), J.Cameron.
Marksmen	F.McCluskie(Chief), A.Smith.
Officials Reception	J.Hamilton
Declarations	A.Scott, Mrs S.Scott, Mrs M.Gilfillan, Mrs E.Leach
Results	Mrs M.Cook, Mrs S.Smart, M Gray, C.Seaman., A.Jackson, Mrs J.Jackson, P.Jackson, H.Jackson
Results Runner	B.Scott.
Announcers	R.Gray, A.Naylor.
Medical Officer	Dr D.Bee
Drugs Control	G.Spence.
First Aid	St. Andrew's Ambulance Brigade.
Press Liaison	B.A.Goodwin
Presentations	Mrs E.Young.
Reception	Mrs E.Gunstone, W.A.Robertson, B.A.Goodwin, D.V.McLaren.
Stewards	Members of Fife A.C.
Jury of Appeal	Mrs E.Gunstone, B.A.Goodwin, R.Morrison.
Convener	J.E.Clifton.

Fife Council

I am very pleased to welcome you to the National Cross Country Championships, which are being held in Fife for the first time.

Fife Athletic Club should be congratulated in agreeing to host this year's event at such short notice given the unfortunate difficulty with the venue at Perth. Fife Council are pleased to be associated with such a prestigious event in the athletics calendar.

Fife is proud of its tradition in supporting sport in many different ways, from the direct provision of facilities to the organisation of events and training courses and the provision of financial assistance to sportsmen and women and to our clubs.

Fife has produced many great athletes not many greater than local MP Menzies Campbell who was an Olympic Sprinter and Great Britain team captain who will present the prizes today.

I hope that all competitors, officials, helpers and spectators enjoy the event and our excellent new facilities at Bell Baxter High School.

John W MacDougall J P
Convenor
Fife Council

Scottish Athletics Federation

The SAF National Cross Country Championships present all cross country runners with the ultimate domestic challenge of the season. This year, 1999, sees us in Cupar for the first time and it is therefore an added pleasure for me, as President, to welcome you all to my adopted home for these Championships. May I take this opportunity to wish you all success in your particular event

Dave Francis, Andrew Arbuckle and the Fife AC team have prepared a very challenging course for this afternoon's event. To them our thanks for their hard work and commitment to the Championships.

The organisation of these Championships is a massive undertaking involving many athletes, officials and helpers. Our grateful thanks therefore go to all who have contributed to the successful day. In particular let me congratulate Jim Young, the SAF Road Running and Cross Country Commission's Championship Convenor and Ian Clifton as today's Convenor. Thanks to both of you for the many hours of preparation to ensure Championship conditions for the athletes.

Cross Country makes winners of those who finish any course. So let me add my congratulations to all our winners today whether it be as a champion, in achieving a best performance or in competing.

Ron Morrison
President
Scottish Athletics Federation



Road Running and Cross Country Commission

It is with great pleasure that I extend a very warm welcome to you to-day. This is the first time the National Championships have been held in Cupar and the members of the Commission are grateful to Fife AC for agreeing to organise the event at very short notice when other venues became impossible.

Venues for championships involving so many competitors as we have to-day are becoming more and more difficult to find so we are deeply indebted to Messrs Murray Simpson and Richard Finnie whose land we are running on and we also wish to thank Bell Baxter High School Board for allowing us to use the school buildings for catering and changing facilities.

We are extremely fortunate to have Ian Clifton as convenor of this year's championships. No one has more experience of the task than he does and I thank him most sincerely for putting so much time and effort into staging the 1999 cross country championships.

Our thanks are also due to all the officials on duty to-day: the clerk of the course and the stewards; the referee, judges, recorders and timekeepers; the starter; the declaration stewards and results compilers; the announcers; the first aiders and other members of the medical team and many more, not forgetting, of course the workers who printed programmes and accepted entries accompanied by membership numbers for the first time! We are also indebted to the representatives of the press who report our activities so vividly and accurately throughout the year.

Whether competing or spectating, I am sure we shall all have a thrilling day. Enjoy yourselves!

Eleanor Gunstone
Convenor
Road Running and Cross Country Commission

SCOTTISH ATHLETICS FEDERATION



**FOR THE ATTENTION OF
TEAM MANAGERS
AND CLUB OFFICIALS**

Recent reports of vandalism at Cross Country events is giving cause for concern. Not only is this type of behaviour damaging other people's property, it is damaging the sport of athletics and must be curtailed now.

It is a great pity that needless acts can spoil what can otherwise be a successful day for competitors, officials and spectators, so it is up to everyone to see that it does not happen at Cupar today. Such incidents can only serve to bring the sport into disrepute and make it more difficult for organisers to obtain future premises and sponsors.

The Convening committee appeal to all team captains and club officials to make every effort to see that athletes under their supervision behave in a responsible manner and also to report any acts of misbehaviour by other runners to an S.A.F. official.

It is regrettable that it has been necessary to make this appeal, but it must be made and made in the strongest possible terms, so that the problem is highlighted and the proper action taken.

Your co-operation would be appreciated.

7th ANNUAL

U13 BOY'S CHAMPIONSHIPS

(Over 11 but under 13 as at 1st September 1998)

Distance 2miles/3,200metres

The winning team to hold the "McKenzie Cup" for 12 months

The winning individual to hold the "Alex Nangle Memorial Trophy" for 12months

THE RACE WILL START AT 12.00 NOON

The holders Ron Hill Cambuslang Harriers

Individual Winner D.Malin (Nithsdale AC)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops

1 Andrew Hart 2 Ian Jamieson 3 Mark Kennedy 4 Stephen Miller

AC Eyemouth-Colours: Yellow and Green

5 George Wood

Annan & District AC-Colours: Yellow Vest/Black Shorts

6 Gary Austin 7 John Garner

Arbroath & District AC-Colours: Black with vertical yellow stripe

8 Kevin Meldrum

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

9 Tommy Boyd 10 Gordon Munro

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

11 Aaron Herbert 12 Ewan Simpson

Banchory Stonehaven AC-Colours: Royal Blue with White band

13 Campbell Lawson 14 Alasdair Ramage 15 Calum Cloggie

Central AC-Colours: Yellow and Blue

16 Alistair Hay 17 Christopher Reynolds 18 Graeme McDougall

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

19 David Mann 20 Ewan Smith 21 Mark Smith 22 Dean Wylie

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

23 Duncan Clarke

East Kilbride AAC-Colours: Gold with 2 Black hoops

24 Graeme Caskie 25 Mark Mc Cluskey 26 Alistair Campbell

Falkirk Victoria Harriers-Colours: Black with Gold Band

27 Alasdair Stewart

Fife AC-Colours: White with Red Band

28 Graeme Noble 29 Murray Westwater 30 Stuart Westwater 34 J Waldie

31 John McIntosh 32 Neil Porter 33 David Mcfarlane

Forres Harriers-Colours: Red

35 Kyle Hay 36 Grant Fraser

Gala Harriers-Colours: White with Green Band

37 Luke Dumper

George Heriots CCC-Colours: White with Blue Band

38 Dean Owens 39 James Gibson 40 James Nicolson

41 Ross Alexander 42 Alistair Bell

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

43 Craig McDougall 44 Antoni Dobrenko 45 Stuart Bale

46 Norman Galbraith 47 Ross McNay 48 John MacLachlan 49 Richard Allan

50 Andrew Fraser 51 Luke Farrell 52 David Grant 53 Peter Dunn

Gleniffer High School-Colours: Red/Black/Sky Blue
 54 Kevin McGregor 55 Guy Martindale 56 Mathew Leitch 57 Keith Higgins
 58 Steven Lamb 59 Chris McCallum

Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops
 60 David Butcher 61 William Sharp 62 Calum Wilson

Inverclyde AC-Colours: Black & White Stripes
 63 Graham Murdoch

Inverness Harriers-Colours: Gold with Maroon Diagonal
 64 Rikki Cooper 65 Steven Fraser 66 Calum Matheson

Kwik Fit Corstorphine AC-Colours: White with Black Trim
 67 Alistair McColl 68 Scott Mitchell 69 Ross O'Hara
 70 Scott Pilkington 71 Michael Szymanski

Larkhall YMCA-Colours: Red with White Hoops
 72 John Mowbray 73 Euan Douglas

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band
 74 Dean Philip 75 Scott Fraser 76 Chester Jarron 77 John Urey
 78 Jamie Bell

Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band
 79 Richard Porte 80 Blair Struthers

Livingston & District AAC-Colours: Yellow with Green Stripe
 81 Christopher Mckelvie 82 Andrew Woodhead

Lochaber AC-Colours: White with 2 Blue Hoops
 83 Mark Chisolm 84 Graham Welsh 85 Scott Roger
 86 Michael Sillars

Peterhead AAC-Colours: Sky Blue
 87 Stuart Anderson

Ron Hill Cambuslang Harriers-Colours: Red with White Band
 88 Stephen Dunn 89 Iain Gilchrist 90 Andrew McDonald 91 P McManus
 92 Gary Semple 93 T Lamont 94 B Tallent 95 A Young
 96 A McCandlish 97 D Docherty 98 B Kimmet 99 A Logie

Shettleston Harriers-Colours: Blue with Yellow Band
 100 David Wallace 101 Mark Cunningham 102 Ian Alexander

Springburn Harriers-Colours: Navy Blue with White Diamond
 103 Gordon Fleming 104 Gordon Phillips
 105 Stephen Taggart 106 Paul McVey 107 Michael Comes

Victoria Park AAC-Colours: Blue and White Hoops
 108 Michael McCue 109 Patrick Dillon 110 Alex Nixon
 111 Nicholas Tolmie

Wigtownshire AC-Colours: Blue/Red Quarters
 112 Silas Goldsworthy 113 Thomas Burns



7th ANNUAL

U13 GIRL'S CHAMPIONSHIPS

(Over 11 but under 13 as at 1st September 1998)

Distance 2miles/3,200metres

The winning team to hold the "John Waddell Trophy" for 12 months

The winning individual to hold the "William Bramwell Trophy" for 12months

THE RACE WILL START AT 12.15 PM

The holders Giffnock North AAC

Individual Winner N.Stephen (Banchory AC)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops'
 1 Charlotte Forbes 2 Jade Christie 3 Jane Clark 4 Gillian Robb

Annan & District AC-Colours: Yellow Vest/Black Shorts
 5 Laura Robertson 6 Caroline Hall

Arbroath & District AC-Colours: Black with vertical yellow stripe
 7 Emma Macpherson 8 Sarah McNally

Ayr Seaforth AAC-Colours: White with Red Diagonal Crsss
 9 K Simpson

Babcock Pitreavie AAC-Colours: Navy/Yellow/White
 10 Sharon Lamont 11 Eilidh Child 12 Cláire Macaulay 13 Emily Newsom
 14 Keleigh Paterson 15 Kristine Watt

Banchory Stonehaven AC-Colours: Royal Blue with White band
 16 Rachel Spencer

BP Black Isle AAC-Colours: Black with Red Diagonal Stripe
 17 Kirsty Law

Central AC-Colours: Yellow and Blue
 18 Fiona Chalmers 19 Lauren Stuart 20 Cara Watson
 21 Fiona Thompson

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop
 22 Megan Wright 23 Lauren Park 24 Kathy Robb 25 Jessica Fogarty

City of Glasgow AC-Colours: Royal Blue with Green Panel
 26 Jill Roche 27 Laura Macpherson 28 Nicola Connolly

Dumbartonshire AAC-Colours: Green with Navy Blue Stripe
 29 Marie Gardiner

Dundee Hawkhill Harriers-Colours: Blue and White Quarters
 30 Jennifer Bell 31 Jennifer Jarrett 32 Sarah Booth

East Kilbride AAC-Colours: Gold with 2 Black hoops
 33 Frances Mc Cluskey

Falkirk Victoria Harriers-Colours: Black with Gold Band
 34 Moira Davie

Fife AC-Colours: White with Red Band
 35 Alison Rowe 36 Alyson Forbes 37 Laura Nicholson 38 Fiona Muir
 39 Fiona Thomson

Giffnock North AAC-Colours: Amber with Royal Blue Hoop
 40 Fiona Noble 41 Jenna Roche 42 Lynne Beattie 43 Eilidh Dorrian
 44 Gemma Mulvey 45 Kerry Cox 46 Susan Jenkins
 47 Heather McCreadie 48 Gemma Carberry 49 Maya Gibbs

Gleniffer High School-Colours: Red/Black/Sky Blue

50 Amanda McLennan 51 Laura Docherty 52 Jacqueline Elliot
 54 Stacy Blair 55 Fiona McIntire 56 Lecann Connolly
 57 Katherine Wilkie

Harmeny AC-Colours: Red with Green Diagonal

58 Marbeth Shiell 59 Amy-Jo Shiell

Inverclyde AC-Colours: Black & White Stripes

60 M Gray

Inverness Harriers-Colours: Gold with Maroon Diagonal

61 Alexena McArthur 62 Lynsey Henderson 63 Saskia Stevenson
 64 Liusaidh Mathieson

Irvine AC-Colours: Red with Black Trim

65 Caroline Ferns 66 Kimberley Stevely 67 Deborah McNeil

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

68 Fiona Gentles 69 Nicky McKay 70 Heather Williams
 72 Lisa Hutson 73 Lynsey Bowles 74 Jenna Witchell

Kwik Fit Corstorphine AC-Colours: White with Black Trim

75 Lyndsey Ferguson 76 Sara-Jane Ferguson 77 Dee Turner

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

78 Keira Murray 79 Laura Watson 80 Sophie Ferguson
 81 Samantha Bruce

Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band

82 Pamela O'Connor 83 Natalie Harkins 84 Jennifer O'Hare

Livingston & District AAC-Colours: Yellow with Green Stripe

85 Linsey Nicoll

Nithsdale AC-Colours: Jade Green/Black/White

86 Lorna Innes

Perth Strathtay Harriers-Colours: Orange with Blue Trim

87 Jennifer Watson

Shetland AAC-Colours: White Vests 3 Blue Hoops

88 Claire Wilson

Stewarty AC-Colours: Sky Blue with Black diag Band

89 Siobhan McClung

53 Ruth Turner

71 Nicola Cassells



7th ANNUAL

U15 BOY'S CHAMPIONSHIPS

(Over 13 but under 15 as at 1st September 1998)

Distance 2.5miles/4,000metres

The winning team to hold the "John Semple Cup" for 12 months

The winning individual to hold the "John Semple Trophy" for 12months

THE RACE WILL START AT 12.30 PM

The holders Law & District AAC

Individual Winner A. Lemoncello (Fife AC)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops

1 Stuart Forbes 2 Ian Flett 3 Alan Wales 4 Robert Miller
 5 Christopher Maslen

Annan & District AC-Colours: Yellow Vest/Black Shorts

6 Darren Malin 7 Lee Malin

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

8 Christopher Bodys

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

9 W Bruce 10 Neil Koronka 11 Paul McCloskey 12 John Newsom
 13 Derek Simpson

BP Black Isle AAC-Colours: Black with Red Diagonal Stripe

14 Jamie Stephen 15 Stuart Obree

Central AC-Colours: Yellow and Blue

16 Ryan Summerscales

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

17 Kevin Mann 18 Brett Dalgleish

Dumbartonshire AAC-Colours: Green with Navy Blue Stripe

19 Gerard Gardiner

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

20 Chris Kirkcaldy 21 Neil Ferguson

East Kilbride AAC-Colours: Gold with 2 Black hoops

22 Niall Barclay 23 Chris Kelly 24 Stephen Matthews

Falkirk Victoria Harriers-Colours: Black with Gold Band

25 Ross Munnoch 26 Donald Todd

Fife AC-Colours: White with Red Band

27 Andrew Murphy 28 Graham Bee 29 A Shanks 30 Kevin Wallace
 31 Angus McLachlan 32 Aaron Mellon 33 P Murrison 34 Benjamin Pippard
 35 Ben Anderson

Forres Harriers-Colours: Red

36 Alex O'May 37 Iain O'May

George Heriots CCC-Colours: White with Blue Band

38 Aaron Simpson 39 Peter Dickson 40 Alex Milne 41 Philip Purves

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

42 Richard Munro 43 Barry Weatherston 44 Iain Campbell 45 Keith Chaplin

46 Steven Milligan 47 John Walker 48 Graham Thomson 49 Mathew Dorrian

50 Gavin Ross 51 Jim Maclachlan

Gleniffer High School-Colours: Red/Black/Sky Blue
 52 Gary Darroch 53 Colins May 54 Scott Harvey 55 Peter Mack
 56 Victor McGregor 57 Gary Browns 58 David Bannerman 59 David Barr
 60 Scott Watkins

Inverclyde AC-Colours: Black & White Stripes
 61 Colin Doherty

Irvine AC-Colours: Red with Black Trim
 62 Craig Rodgers 63 Neil Collins 64 Chris Bevan

Kilbarchan AAC-Colours: Gold with Black Hoop
 65 Kevin Downie 66 Iain Crappell

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops
 67 Ross Mc Neil 68 James Witchell

Kwik Fit Corstorphine AC-Colours: White with Black Trim
 69 Kris Berry

L & L Track Club-Colours: Lemon with Scarlet Trim
 70 Stuart Griffin

Larkhall YMCA-Colours: Red with White Hoops
 71 Ross Douglas

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band
 72 Paul Elliot

Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band
 73 Stephen Porte 74 Tom Grant 75 David Campbell 76 Steven Lawley

Livingston & District AAC-Colours: Yellow with Green Stripe
 77 Iain Donnan 78 Alex Thomas 79 John Graham 80 Marc Johnston
 81 Phillip Milligan

Lochaber AC-Colours: White with 2 Blue Hoops
 82 Michael Chisolm

Peterhead AAC-Colours: Sky Blue
 83 Adam Watt

Ron Hill Cambuslang Harriers-Colours: Red with White Band
 84 Mark Cassidy 85 A Gray 86 Christopher Hendry 87 Ian Munro
 88 D Kelsey 89 Jasmair Pal 90 A Scott 91 A Stevens
 92 J Walker 93 F Brown

Shettleston Harriers-Colours: Blue with Yellow Band
 94 James McLaren 95 David Duff 96 Robert Colquhoun

Teviotdale Harriers-Colours: White with Maroon Band
 97 A Maltman

Wigtownshire AC-Colours: Blue/Red Quarters
 98 Richard Goldsworthy

7th ANNUAL

U15 GIRL'S CHAMPIONSHIPS

(Over 13 but under 15 as at 1st September 1998)

Distance 2.5miles/4,000metres

The winning team to hold the "Falkirk District Sports Council Trophy" for 12 months

The winning individual to hold the "William Bramwell Trophy" for 12months

THE RACE WILL START AT 12.45 PM

The holders Kilbarchan AAC

Individual Winner D.Smith (Helensburgh AAC)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops*

1 Laura Corsie 2 Angela Shearer 3 Lia Haskett 4 Natalie Rilisy

Annan & District A-Colours: Yellow Vest/Black Shorts

5 Lisa Smith 6 Amy Myatt 7 Gemma Weild 8 Ashley Legg

9 Emma Johnstone

Arbroath & District A-Colours: Black with vertical yellow stripe

10 Gemma Ritchie 11 Claire Webber

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

12 R Simpson

Babcock Pitreavie AAC -Colours: Navy/Yellow/White *

13 Samantha Marshall 14 Amy Falconer 15 Nicola McFarlane 16 Erin Barclay

17 Victoria Watt 18 Alana Robertson

Banchory Stonehaven AC-Colours: Royal Blue with White band

19 Briony Curtis

BP Black Isle AAC-Colours: Black with Red Diagonal Stripe

20 Lorna Paton 21 Sarah Smith

Central AC-Colours: Yellow and Blue

22 Laurie Douglas 23 Suzanne Borrowman 24 Louise Martine 25 Catherine Robbins

26 Iona Cairns 27 Heather Dodds

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

28 Elizabeth Mill

City of Glasgow AC-Colours: Royal Blue with Green Panel

29 Heather Calderwood 30 Lauren Young 31 Danielle Keir 32 Lorna Stevens

33 Jemma Muir 34 Emma Blackwood

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

35 Louise Helyer 36 Holly Scanlan 37 Amy Moore

Dunfermline & West Fife AC-Colours: Dark Blue, Light Blue, White

38 Hazel Ballantyne

Ellon AAC-Colours: Black/Red/Gold

39 Kimberley Miles

Falkirk Victoria Harriers-Colours: Black with Gold Band

40 Alison Davie 41 Susan Eardley 42 Heather Tatton

Fife AC-Colours: White with Red Band

43 Frances Meek 44 Finola Urquhart 45 Jemma Dalrymple

Forres Harriers-Colours: Red

46 Ruth Mitchell 47 Gemma Forbes

Garscube Harriers-Colours: White with Blue Band

48 Debbie Russell 49 Sarah Milne 50 Claire Pollard

Giffnock North AAC-Colours: Amber with Royal Blue Hoop
 51 Yvonne Hamilton 52 Helen Stevenson 53 Alison Mackenzie 54 Carina Birrell
 55 Kara Kerr

Gleniffer High School-Colours: Red/Black/Sky Blue
 56 Lynn Pattison 57 Deborah McCool 58 Yvonne Gaudie 59 Stephanie Smith
 60 Cheryl Watson 61 Lisa Garrott

Inverclyde AC-Colours: Black & White Stripes
 62 L McIntosh

Inverness Harriers-Colours: Gold with Maroon Diagonal
 63 Jennifer Main 64 Fiona Spence 65 Mhairi Spence 66 Eilidh Cole
 67 Vailla Robertson

Irvine AC-Colours: Red with Black Trim
 68 Cheryl Hanvey

Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes
 69 Laura Cairns 70 Sarah Shanks 71 Gemma Houston

Kilbarchan AAC-Colours: Gold with Black Hoop
 72 Fiona Steel 73 Anneka Galbraith 74 Karen Downie 75 Heather Gordon
 76 Jennifer Queen 77 Gillian Cairns

Kwik Fit Corstorphine AC Colours: White with Black Trim
 78 Elaine Smith

Larkhall YMCA-Colours: Red with White Hoops
 79 Karen Mowbray 80 Lauren Craig

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band
 81 Freya Murray 82 Amberlee Harkins

Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band
 83 Vicki Tidser

Livingston & District AAC-Colours: Yellow with Green Stripe
 84 Mhairi Walker 85 Corrine Wardrop

Penicuik Harriers-Colours: Purple with White Panels
 86 Sarah Blake

Ron Hill Cambuslang Harriers-Colours: Red with White Band
 87 N McCartney



7th ANNUAL

U20 MEN'S CHAMPIONSHIPS

(Over 17 but under 20 as at 1st September 1998)

Distance 5miles/8,000metres

The winning team to hold the "Marshall Trophy" for 12 months

The winning individual to hold the "Livingston Trophy" for 12months

THE RACE WILL START AT 1.05 PM

The holders City of Edinburgh AC

Individual Winner G.Reid (Clydesdale H)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Central AC-Colours: Yellow and Blue

1 James Mcdonald 2 William Ross 3 Ewan Gault

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

4 S Atkinson 5 Timothy Poyser 6 Alistair Urquhart 7 Angus Wardlaw

8 Jamie Hamilton

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

9 Neil Gunstone

East Kilbride AAC-Colours: Gold with 2 Black hoops

10 Grant Baillie 11 Brian Gallacher 12 Alan Mitchell 13 Mark Smith

Falkirk Victoria Harriers-Colours: Black with Gold Band

14 Stuart Anderson 15 Gary Couper 16 Eric Donaldson 17 Steven Lawson

Fife AC-Colours: White with Red Band

18 Jonathan Stewart 19 Jonathan Seeley 20 Andrew Cassells 21 Gordon Mathieson

22 Owen Greene 23 Graeme Walker 24 K Anderson

Forres Harriers-Colours: Red

25 Niall Cameron

George Heriots CCC-Colours: White with Blue Band

26 Mark Cruikshank 27 Calum Smith 28 Andrew Purves

Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops

29 Robert Docherty 30 Cameron MacLean

Inverclyde AC-Colours: Black & White Stripes

31 Daniel Frazer

Irvine AC-Colours: Red with Black Trim

32 Stephen Nisbet

Kilbarchan AAC-Colours: Gold with Black Hoop

33 Colin Berry 34 Brian Christie 35 David May 36 Alasdair McLeod

37 Tommy Yule 38 Andrew Greig

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

39 Edward Mc Loone 40 John Mc Loone 41 William Earnshaw

Kwik Fit Corstorphine AC-Colours: White with Black Trim

42 Bryan Clark 43 Chris O'Brien

Larkhall YMCA-Colours: Red with White Hoops

44 Brian Smart

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

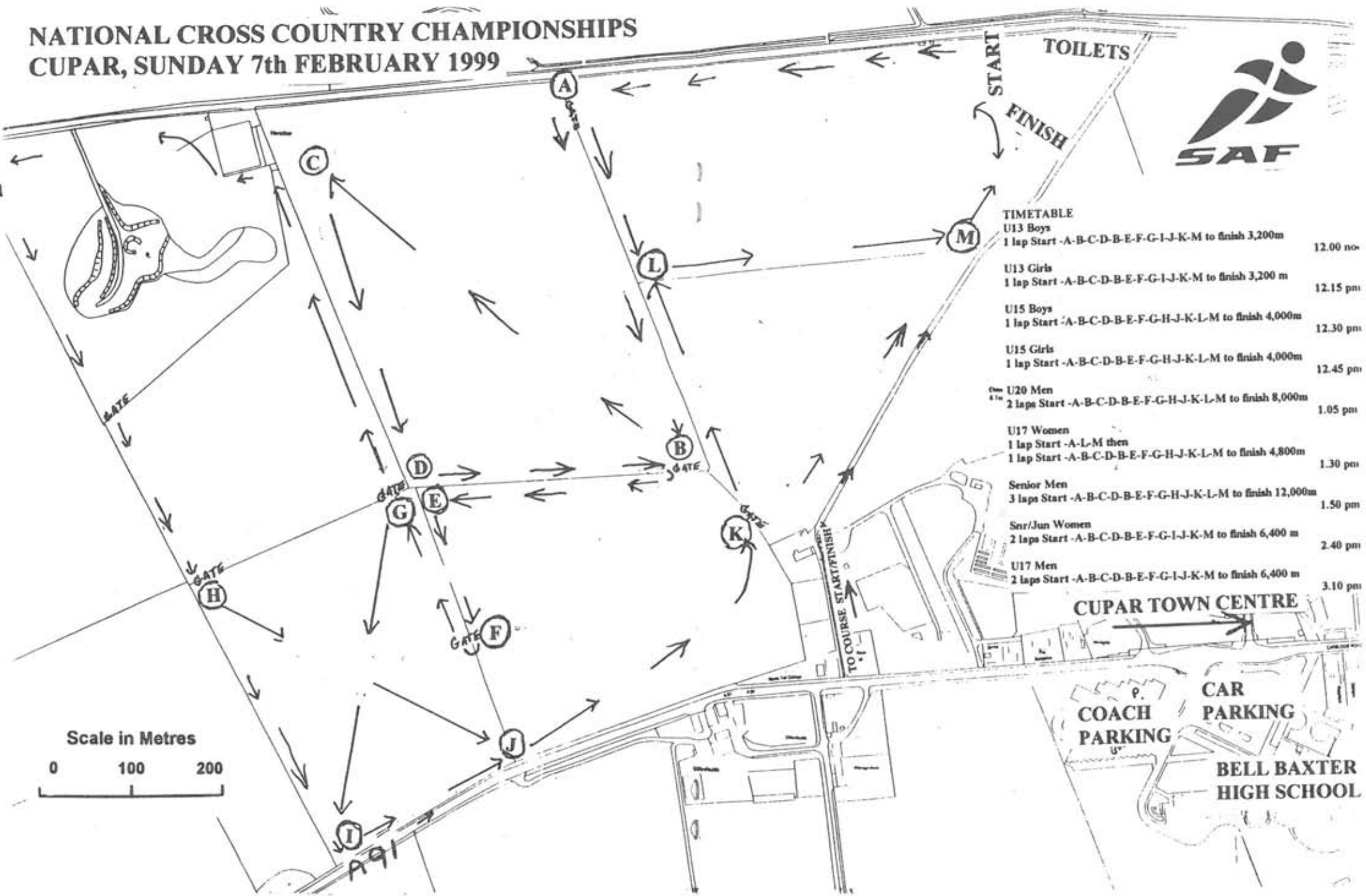
45 David Veitch

Nithsdale AC-Colours: Jade Green/Black/White

46 Wesley Fraser

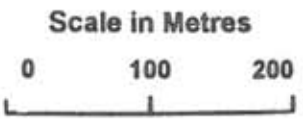
NATIONAL CROSS COUNTRY CHAMPIONSHIPS

CUPAR, SUNDAY 7th FEBRUARY 1999



TIMETABLE

U13 Boys	1 lap Start - A-B-C-D-B-E-F-G-I-J-K-M to finish 3,200m	12.00 pm
U13 Girls	1 lap Start - A-B-C-D-B-E-F-G-I-J-K-M to finish 3,200 m	12.15 pm
U15 Boys	1 lap Start - A-B-C-D-B-E-F-G-H-J-K-L-M to finish 4,000m	12.30 pm
U15 Girls	1 lap Start - A-B-C-D-B-E-F-G-H-J-K-L-M to finish 4,000m	12.45 pm
U20 Men	2 laps Start - A-B-C-D-B-E-F-G-H-J-K-L-M to finish 8,000m	1.05 pm
U17 Women	1 lap Start - A-L-M then 1 lap Start - A-B-C-D-B-E-F-G-H-J-K-L-M to finish 4,800m	1.30 pm
Senior Men	3 laps Start - A-B-C-D-B-E-F-G-H-J-K-L-M to finish 12,000m	1.50 pm
Snr/Jun Women	2 laps Start - A-B-C-D-B-E-F-G-I-J-K-M to finish 6,400 m	2.40 pm
U17 Men	2 laps Start - A-B-C-D-B-E-F-G-I-J-K-M to finish 6,400 m	3.10 pm



Ron Hill Cambuslang Harriers-Colours: Red with White Band
 47 S Carson 48 Graham Ferguson 49 Joseph Kealey 50 B King
 51 Michael Mc Cabe 52 G Melvin 53 Gordon Robertson 54 A O'Hagen
 55 D McRae

Shettleston Harriers-Colours: Blue with Yellow Band
 56 Martin Grahm 57 Brian McGarrity 58 David Gow

Springburn Harriers-Colours: Navy Blue with White Diamond
 59 James Hendry 60 Martin Paton

Teviotdale Harriers-Colours: White with Maroon Band
 61 Steven Lauder 62 Stuart Hogg 63 Andrew Gibson

Victoria Park AAC-Colours: Blue and White Hoops
 64 J Pinto-Coelho

Wigtownshire AC-Colours: Blue/Red Quarters
 65 James Burns

ATHLETICS SCOTLAND

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7th ANNUAL

U17 WOMEN'S CHAMPIONSHIPS

(Over 15 but under 17 as at 1st September 1998)

Distance 3miles/4,800metres

The winning team to hold the "Dundee Parks Department Trophy" for 12 months

The winning individual to hold the "Lothian Trophy" for 12months

THE RACE WILL START AT 1.30 PM

The holders Central AC

Individual Winner L.Paterson (Victoria Park AAC)

TEAMS NOT LESS THAN 3 AND 3 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops

1 Sally Ross 2 Laura Dow 3 Laura Henderson 4 Nicola Gauld

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

5 Natalie Haran 6 Kathleen Logue

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

7 Genna Low

Central AC-Colours: Yellow and Blue

8 Jane McCrorie 9 Emma Waterhouse 10 Lindsay Douglas

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

11 Lucy Hancock 12 Eilidh Wardlaw

City of Glasgow AC-Colours: Royal Blue with Green Panel

13 Collette Fagan 14 Rosalind Clark 15 Karen Sturgeon 16 Susan Maxwell

17 Michelle Cameron 18 Pamela Mc Nellis

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

19 Susan Scott 20 Jennifer Millar 21 Kerry Gourley 22 Claire Burnett

Dunfermline & West Fife AC-Colours: Dark Blue, Light Blue, White

23 Racheal Pratt

East Kilbride AAC-Colours: Gold with 2 Black hoops

24 Laura Mooney

Edinburgh Woollen Mill-Colours: White /Blue /Red

25 Rona Macniven 26 Heather Fairbairn 27 Iona McIntyre 28 Kirsty Macpherson

Fife AC-Colours: White with Red Band

29 Angela Frame 30 Kym Forbes 31 Sarah Laing 32 Emma Stewart

33 Linsey Allison

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

34 Susan Mackenzie 35 Sara Stevenson 36 Christine Campbell 37 Rachael Gardner

38 Eilidh Miller

Inverness Harriers-Colours: Gold with Maroon Diagonal

39 Clare MacIennan 40 Anna Watson

Irvine AC-Colours: Red with Black Trim

41 Lorraine McAuley 42 Karen Haddow

Kilbarchan AAC-Colours: Gold with Black Hoop

43 Susan McGrenaghan 44 Lynsey Macintosh 45 Karen Yule 46 Clare Gibson

47 Dennise Smith

Lochaber AC-Colours: White with 2 Blue Hoops

48 Michelle Black 49 Kerry Laird

Ron Hill Cambuslang Harriers-Colours: Red with White Band

50 Lauren Farmer

Stewarty AC-Colours: Sky Blue with Black diag Band
 51 Rowan Armstrong
 Victoria Park AAC-Colours: Blue and White Hoops
 52 Linda Newton



Scottish Athletics Federation Update and Competition Review Meetings

19.00 – 21.30

Thursday 25th February	Town House, Aberdeen
Friday 26th February	Town House, Inverness
Monday 1st March	David Keswick Centre, Dumfries
Monday 3rd March	Meadowbank, Edinburgh
Friday 5th March	Scotstoun, Glasgow
Monday 8th March	Dewar's Ice Rink, Perth

7th ANNUAL

SENIOR MEN'S CHAMPIONSHIPS

(Over 20 years of age as at 1st September 1998)
 Distance 7.5miles/12.00metres
 The winning team to hold the "Elkington Shield" for 12 months
 The winning individual to hold the "W.H. Dunlop Trophy" for 12months

THE RACE WILL START AT 1.60 PM

The holders Ron Hill Cambuslang Harriers
 Individual Winner R.Quinn (Kilbarchan AAC)
TEAMS NOT LESS THAN 6 AND 6 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops			
1 David Armitage	2 Mark Caird	3 Stephen Cassells	4 David Duguid
5 Francis Duguid	6 Meldrum Edwards	7 Jonathan Musgrave	8 Mike Greaves
9 David Grubb	10 Peter Jones	11 Neil Murdock	12 Alexander Peddie
13 James Pirie	14 Christopher Simpson	15 Christopher Smith	16 Stephen Smith
17 James Tole	18 Dan Whitehead		
Annan & District AC-Colours: Yellow Vest/Black Shorts			
19 Neil Henderson			
Anster Haddies-Colours: Yellow Vest			
20 Scott Taylor	21 George Findlay	22 Allan Gibson	23 Ewan Cameron
Arran Runners-Colours: Black/Yellow Vest			
24 Gordon Allsop			
Ayr Seaforth AAC-Colours: White with Red Diagonal Cross			
25 Iain Baird	26 Bill Boyd	27 J Caird	28 Douglas Munro
29 John Strawhorn			
Babcock Pitreavie AAC-Colours: Navy/Yellow/White			
30 David Arnott	31 Peter Baxter	32 Ian Brown	33 Allan Cowan
34 Nigel Cunningham	35 Jeffrey Farquhar	36 David Farquharson	37 S Forrester
38 Glyn Gardiner	39 James Garvie	40 Brian Gray	41 Colin Mathieson
42 Alan Russell	43 Colin Simpson	44 C Watson	45 S Evans
46 George Lees			
Banchory Stonehaven AC-Colours: Royal Blue with White band			
47 Michael Curtis			
Bellahouston Harriers-Colours: Dark Blue with Light Blue Cross			
48 Campbell Joss	49 G Gemmell	50 J McFadyen	51 G Bell
52 G Dickson	53 R Bruce	54 Colin Scott	55 M Ware
Bristol-Colours: White/Red hoop			
56 Charles Woodd			
Calderglen Harriers-Colours: Amber and Black Vertical Stripes			
57 Charles Steven	58 Alan Derrick	59 Stewart Robertson	60 Gordon Robinson
61 Alister Begg	62 Alexander Muir	63 Graham Allan	64 Roderick Stanks
65 Martin Duthie	66 Andrew Henderson	67 Thomas Morton	
Carnethy Hill RC-Colours: Yellow with Red letters			
68 Douglas Shiell			
69 Brian Waldie			
Central AC-Colours: Yellow and Blue			
70 John Rooney	71 Adam Greasley	72 George Mchardy	73 Roger Greenaway
74 James Drummond	75 Cameron Campbell	76 David Hay	

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

77 Duncan Baker	78 Zenon Bankowski	79 William Begley	80 Colin Cable
81 David Campbell	82 Robert Cockburn	83 Andrew Donachie	84 Thomas Ellacott
85 Martin Ferguson	86 Ian Findlay	87 Owen Flage	88 Michael Fulthorpe
89 William Gallagher	90 Dave Gamer	91 Alistair Gillies	92 Howard Glynn
93 Andrew Griffiths	94 Craig Henderson	95 Myles Holdsworth	96 Paul Holmes
97 Richard Hope	98 Brian Howie	99 Scott Innes	100 Mark Johnston
101 Ian Johnston	102 Leslie Kay	103 Andrew Laycock	104 Andrew Laird
105 Colin Laidlaw	106 Keith Lyall	107 R Lyall	108 Niall Macdonald
109 Alex MacEwen	110 W MacIntosh	111 Kevin McAlpine	112 David Millar
113 Mark Munro	114 Stuart Murray	115 P Patterson	116 Jamie Pringle
117 Jeff Pyrah	118 Robert Riddell	119 Andrew Scott	120 Drew Sharkey
121 Charles Smith	122 Martin Sneddon	123 Gordon Steel	124 John Steel
125 Robert Stevenson	126 Eric Stevenson	127 Andrew Wonnacott	128 Adam Ward
129 Robert Wiseman	130 Aidan Woods		

Clydesdale Harriers-Colours: White with Black "C"

131 Allan Adams	132 J Austin	133 Clifford Brown	134 Ewan Calvert
135 Philip Dolan	136 B Edridge	137 John Hanratty	138 W Jenkins
139 Murray McDonald	140 I Murphy	141 Simon O'Connor	142 Lawrence Pearson
143 Peter Rudzinski	144 J Shields	145 R Young	146 Gerald Kennedy

Dumfries Running Club-Colours: White with Maroon and Sky blue Hoops

147 Leslie Hill	148 James Grierson	149 Douglas Brown	150 Tony Davers
151 David Batstone	152 James Laird		

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

153 Brian Cook	154 Neil Raitt	155 Gerald Hanlon	156 Stuart Kerr
157 Eddie Holmes	158 Craig Ross	159 Allan Wilson	160 William Rennie
161 David Adam	162 Stuart McRae	163 David Taylor	164 David Morgan
165 James MacGregor	166 Grahame Mitchell	167 Douglas Provan	168 Adam Lamb
169 Stephen Mason	170 Matthew Strachan	171 John Hepburn	172 Charlie Hasket
173 Roderick Bell	174 Mike Carroll	175 Gordon Rennet	176 Peter Fox

Dundee Road Runners-Colours: White with Blue Diagonal

177 Angus Hunter	178 Ronald McGill	179 Ricky Davidson	180 Charles Anderson
181 Daniel Fields	182 Rodney Fleming		

East Kilbride AAC-Colours: Gold with 2 Black hoops

183 Gordon Colvin	184 David Condra	185 Edgar Ramage	186 Andrew Turnbull
187 Kenneth Clements	188 Robert Ronald	189 Benny Rooney	190 Patrick Russell
191 Stuart Whitehill			

Edinburgh University H&H-Colours: Green with White side Panel

192 Paul Panson			
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Elgin AAC-Colours: Black White Band

193 Colin Knox	194 Malcolm Christie		
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Falkirk Victoria Harriers-Colours: Black with Gold Band

195 Michael McQuaid	196 Ritchie McCallum	197 David Hart	198 Andrew Ronald
199 Neil Robertson	200 Kenneth Stirrat	201 David Beagley	202 John Martin

Ferranti AAC-Colours: Yellow with Black letters

203 Iain Shaw	204 James Shaw	205 Raymond Watters	206 Edward McDonald
207 Walter Fairnie	208 Paul Caban	209 Bruce Kidd	210 Stephen Reid
211 Alex Bell	212 Matt Bankhead	213 Jim Leach	214 Trevor Ridley
215 John Gavin	216 Keith Weston	217 Derek Pettiglio	

Fife AC-Colours: White with Red Band

218 Terry Mitchell	219 John Cunningham	220 Alexander Moss	221 Alan Milligan
222 Hugh McKay	223 David Anderson	224 Kevin Mccue	225 John Thomson
226 Martin Laing	227 James Meek	228 Bryan Mcmanus	229 Thomas Ross
230 Brian Landels	231 Douglas Gunstone	232 Ian Whyte	233 Graham Bennisson
234 Roy McLachlan	235 R Forrester	236 Christopher Russell	237 Brian Cruickshank
238 Sandy Cruickshank	239 Bryce Aitken	240 John Murdoch	241 Brian Peachey
242 Michael Kuzyszyn	243 Alastair Robertson	244 Allan Jones	245 G Duncan
246 Andrew Barker	247 James Watson	248 John Macfarlane	249 Allan Lees
250 Daniel Connolly	251 Michael Mitchell	252 Gary Barker	253 David Scobie
254 Leonard Rhone	255 Jack Lumsdon	256 Derrick McGregor	257 Neil Duthie
258 Martin Farrally	259 Graham Simpson	260 Alan Meiklejohn	261 Peter Morrison
262 Billy Murdie			

FMC Carnegie Harriers-Colours: Orange and Green

263 Iain Macdonald	264 Steven Cairns	265 Iain Taylor	266 Alexander Nicol
267 Steve Ogg	268 Colin Law	269 Ian Stewart	270 Michael Buchanan
271 David Simpson	272 Andrew Hunter	273 Bryan Macdonald	274 Robert Milton
275 David Armour	276 Graham Clark	277 Steven Nicholson	278 Kenny Leitch
279 John Lambie	280 Peter Simpson	281 Robbie McKenzie	282 Allan Macaulay
283 Charles Seaman	284 Ian Mitchell	285 John Milton	286 Billy Duff
287 Ian Laird	288 Douglas McGarry	289 Tom Bowie	290 John McArthur
291 Kenneth Daniels	292 Alexander Gibb	293 Richard Coates	294 James Lang

Forres Harriers-Colours: Red

295 Douglas Cowie	296 Paul Matheson	297 Stewart Burn	298 Mark Priestley
299 Hamish Cameron	300 Dale Woodman	301 Andy Beattie	302 Michael Milmo
303 Robert Ellis	304 Steven Frear		

Gala Harriers-Colours: White with Green Band

305 David Wardman	306 Neil Renton	307 Graham Capper	308 Robin Murray
309 Scott Dumper	310 Alistair Meikle	311 Andrew Wilmshurst	312 Fergus Cochrane
313 Colin Christison	314 Rodger Kerr	315 Neil Potts	316 James Paxton

Garsecube Harriers-Colours: White with Blue Band

317 Iain Cullen	318 Stephen Cullen	319 John Dryden	320 Iain Dunn
321 William Fus	322 David Geddes	323 David Heppell	324 Stuart Irvine
325 Kenneth Macanna	326 Peter McGlynn	327 William Marshall	328 Stephen Mulrine

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

329 Charles Rankin	330 Alan Stewart	331 Gerard McNamee	332 Scott Goldie
333 Alastair Bale	334 Alastair MacLachlan	335 Charles Mc Kie	336 Ian Millar

Glasgow University H & H-Colours: Black and Gold

337 Colin Partridge	338 Chris Goddard	339 Alistair Akerman	340 Simon Robertson
341 Nick Pearson	342 J Dupuy	343 Lachlan Campbell	

Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops

344 James Cuffe	345 Richard Davidson	346 Robert Dolan	347 John Kerr
348 Thomas Knight	349 Andrew Mc Call	350 Willie McLaughlin	351 Daniel McLaughlin
352 Stephen Mc Loone	353 Duncan Mcneil	354 Phillip Russell	355 Kenneth Scott
356 James Sheridan	357 John Smith	358 Richard Hodelet	359 N Hay
360 A Morrison	361 G Mitchell	362 E Currie	363 R Shaw

Haddington East Lothian Pacemakers-Colours: Red and White Halves

364 Paddy McDonald	365 George Armstrong	366 James Baird	367 Brian Carr
368 Mere Dickie	369 Steven Morton	370 Joseph Forte	371 Alexander Wallace
372 Ray Harris	373 Douglas Elliot		

Harmeny AC-Colours: Red with Green Diagonal

374 David Cooper	375 Brian Mayor		
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Helensburgh AAC-Colours: Yellow with Red Band

376 Wilson Hamilton	377 Martin Cornish	378 David MacDonald	379 Steve Styles
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Hunters Bog Trotters-Colours: Brown

380 Stephen Baxter	381 Norman Blissett	382 Robert Brown	383 Colin Farquharson
384 P Foy	385 Keith Gooch	386 Iain Harkness	387 Alistair Hart
388 Rob Herries	389 Craig Hunter	390 Hayden Lorimer	391 Graham McReady
392 I MacKay	393 John Mc Kay	394 Ian Malcolm	395 Myles Marshall
396 Philip Mowbray	397 Donald Naylor	398 Pat O' Kane	399 Eric Scott
400 Geoff Simpson	401 Mark Thomas	402 N Thomas	403 J Thyne
404 Dave Tinker	405 T Torgersen	406 Richard Wall	407 Dave Wright

Inverclyde AC-Colours: Black & White Stripes

408 N Armsworth	409 John Bannister	410 John Bruce	411 J Conaghan
412 S Conaghan	413 D Dunn	414 Gerard Gaffney	415 A Galbraith
416 G Hegarty	417 S Hodge	418 Robert Mcdonald	419 I MacDonald
420 Stephen McAllister	421 Thomas Murray	422 Chris Robison	423 Cameron Spence
424 T Tipping	425 T Tracey	426 Martin Hicks	

Irvine AC-Colours: Red with Black Trim

427 Brian Craig	428 Jim Morton	429 William Richardson	430 Lee Richardson
431 David Millar	432 Michael Flinn	433 Colin Miller	434 Ian Mc Manus
435 Andrew Clinton	436 Jim Stevenson	437 Andrew Rennie	438 James White
439 Ron Cheyne			

Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes

440 J Goldie	441 Graham Cairns	442 Edward Tonner	
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Keith & D AAC-Colours: Red with Black Trim

443 Ross Arbuckle	444 Frank Barton	445 Simon Pride	446 Herald Wright
447 William Johnstone	448 Brian Law	449 Michael Turner	

Kilbarchan AAC-Colours: Gold with Black Hoop

450 Thomas Anderson	451 George Gibson	452 Robert Fitzsimmons	453 Robert Brisco
454 Robert Miller	455 Robert Quinn	456 Thomas Hearle	457 Ian MacDougall
458 David Mewse	459 Andrew Muir	460 Alan Puckrin	461 James Snodgrass
462 Steven Hards	463 John Kloumann	464 Alistair Macangus	465 Michael McGinley
466 Alexander Ross			

Kinross Road Runners-Colours: Yellow with Royal Blue Band

468 Graham Cowan	469 Andrew Forgie	470 Euan Scott	471 Anthony Sweeney
472 Rashmi Shah	473 Mark McIntosh		

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

474 Gordon Mc Lean	475 Colin Burns	476 Gerard Mc Connell	477 John Campbell
478 Stuart Kerr	479 Douglas Douglas		

Kwik Fit Corstorphine AC-Colours: White with Black Trim

480 Martin Caldwell	481 Stuart Clarke	482 Iain Cumming	483 David Highton
484 Keith Hood	485 Martin Hulme	486 Rupert Jones	487 David Law
488 Graham Mclean	489 Mike Malcolm-Smith	490 Paul O'Brien	491 John O'Hara
492 Ewan Ross	493 Martin Tunstall		

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

494 Ben Mitchell	495 John Murray	496 Robert Kettles	497 Alan McIntosh
498 John Forker	499 Robert Wallace		

Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band

500 Alan Ramage	501 Alistair Russel	502 Jamie Reid	503 Russell Cook
504 Patrick Kelly	505 John Frood	506 Mark Hand	507 Willie Drysdale

Livingston & District AAC-Colours: Yellow with Green Stripe

508 Graeme Ackland	509 Andrew Barrie	510 Tim Brand	511 Stephen Dempsey
512 Peter Dymoke	513 David Eades	514 Jack Ewing	515 George Gilhooley
516 David Godfree	517 Martin Leadbetter	518 Robert Lee	519 Ian Leggett
520 Stewart Logan	521 Colin Meek	522 Gordon Riemersma	523 Steven Thomson

Maryhill Harriers-Colours: Royal Blue

524 K Stevenson	525 A Kinniburgh	526 S Walker	527 M McCartney
528 L McCue	529 J Micoud	530 A Gallacher	531 D Shearon
532 James Parker			

Metro Aberdeen RC-Colours: Black/Yellow Quarters

533 Charles Benzies	534 Kevin Brooks	535 Keith Farquhar	536 Peter Jennings
537 Mark Johnston	538 Darren Kinsella	539 Thomas Litterick	540 Nick Milovsorov
541 Jackie Stewart	542 James Strachan	543 Robert Taylor	544 Kevin Tulloch
545 Keith Varney	546 Ian Williamson		

Milburn Harriers-Colours: Light Blue with Dark Blue Diagonal

547 Edward Bushrod	548 James Robertson	549 Alexander Robertson	
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Mizuno Racing Club-Colours: Purple

550 Ian Brown	551 Stuart Campbell	552 Ken Chapman	553 Scott Cohen
554 Max Colligan	555 David Gardiner	556 Thomas Hanlon	557 Carl Heaven
558 Allister Hutton	559 Brian Kirkwood	560 Scott Mcdonald	561 Ian MacNicol
562 Alan Robson	563 John Robson	564 David Ross	565 John Ross
566 Kirk Smith	567 Glen Stewart		

Motherwell AC-Colours: Red with White edging

568 John Hughes	569 Alan Campbell	570 Patrick Mullen	571 Gordon Murray
572 James Dobbie	573 Stuart Gibson	574 Brian McLinden	

Nithsdale AC-Colours: Jade Green/Black/White

575 George Winchester	576 Joe Boardman		
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Orkney Islands AC-Colours: Red White Black

577 Craig Shearer			
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Penicuik Harriers-Colours: Purple with White Panels

578 Michael Browne	579 Sean Davidson	580 Robert Walker	581 Stephen Cant
582 Richie McCrae	583 Colin Graham	584 Kenneth Graham	

Perth Strathray Harriers-Colours: Orange with Blue Trim

585 Nonnan Watson	586 Euan Mackay		
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Peterhead AAC-Colours: Sky Blue

587 Alan Reid	588 Iain Cruickshank	589 John Hay	
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Redhill Road Runners-Colours: Red, White and Grey

590 Alan Gourlay			
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Ron Hill Cambuslang Harriers-Colours: Red with White Band

591 J Bates	592 C Borthwick	593 B Brooks	594 J Brooks
595 J Brown	596 C Campbell	597 John Cowan	598 C Donnelly
599 K Downie	600 M Fairgrieve	601 Iain Grant	602 S Hunter
603 Wilson McTaggart	604 Michael Ohagan	605 Iain Reid	606 A Robertson
607 D Rodger	608 Douglas Runcieman	609 James Sands	610 Charles Thomson
611 Neil Wilkinson	612 K Anderson	613 D Buchanan	614 Frederick Connor
615 Alex Eaglesham	616 David Fairweather	617 Bernard Gough	618 D Henderson
619 Archie Jenkins	620 Gerald Reid	621 William Reid	622 Edward Stewart

Shettleston Harriers-Colours: Blue with Yellow Band

623 Adrian Callan	624 David Cameron	625 William Coyle	626 Desmond Crowe
627 John Duffy	628 Raymond Johnston	629 John Mackay	630 Dermot Mc Gonigle
631 Ken Maloney	632 Malcolm Patterson	633 Brian Scally	634 Graham Wight
635 John Wilkinson	636 Frank McGowan	637 John Cairney	638 John Hendry
639 Tony McCall	640 John Donnelly	641 Neil McGregor	642 Alan Swann

Springburn Harriers-Colours: Navy Blue with White Diamond

643 John Bell	644 Alex Chalmers	645 Jim Cooper	646 Edward Dickson
647 Jamie Harper	648 Alan Hill	649 Derek Houstoun	650 Alexander Lees
651 Ian Marshall	652 Danny McVey	653 Douglas Morton	654 Daniel O'neil
655 John Owens	656 Adam Ross	657 Robert Soutar	658 Frank Thom
659 Frank Wright	660 Robert Young		

Sri Chinmoy AC-Colours: White with Purple Hoop

661 Adrian Stott

Standard Life AC-Colours: Blue with Yellow trim

662 Bruce Smith	663 Peter Shaw	664 Raymond Buchan	665 Alistair Scott
666 Bruce Hall	667 Chris Dum	668 Bernard Devoy	

Strathclyde Police-Colours: Navy Blue with Black/White Stripe

669 Stewart Croll	670 Robert Hawkins	671 David Mitchell	672 John Pretty
673 Harry Young	674 Jamie Harper	675 John McInnes	676 John Pollok
677 Danny Benson			

Teviotdale Harriers-Colours: White with Maroon Band

678 Michael Bryson	679 Francis Cannon	680 Patrick Douglas	681 Robert Halliday
682 Scott Watson	683 Robert Cranston	684 A Colman	685 David Cavers
686 Brian Carlin	687 John Marsh	688 Nichol Maltman	

Troon Tortoises AC-Colours: Yellow with 2 Black Half hoops

689 Ian Beattie 690 George McGregor 691 Charles Martin 692 John Mc Kinlay

Victoria Park AAC-Colours: Blue and White Hoops

693 Alastair Douglas	694 Stuart Barnett	695 Derek Watson	696 J MacMillan
697 A Brown	698 George Vosper	699 Kenneth Mc Vey	700 K Forster
701 Peter Mc Gregor	702 Crawford Little	703 R Newton	704 T Mc Ara
705 Kenneth Brown	706 D Carlin		

Westerlands CCC-Colours: Yellow with Black "W" on Back

707 Matt Ogston	708 David Calder	709 Gibson Fleming	710 Brian Bonnyman
711 Charlie Campbell	712 Pete Baxter		

Whitburn AAC-Colours: Claret with Amber Hoops

713 Thomas McIntosh 714 Euan McIntosh

Wigtownshire AC-Colours: Blue/Red Quarters

715 John Goldsworthy

Unattached

716 Grant Thomson

7th ANNUAL**SENIOR/JUNIOR WOMEN'S CHAMPIONSHIPS**(Over 17 years of age as at 1st September 1998)

Distance 4miles/6,400metres

The winning team to hold the "Daily Record Trophy" for 12 months

The winning individual to hold the "Mary Semple Trophy" for 12months

THE RACE WILL START AT 2.40 PM

The holders City of Glasgow AC

Individual Winner F.Lothian (FifeAC)

TEAMS NOT LESS THAN 3 AND 3 TO COUNT**UNDER 20 WOMEN**1st, 2nd, 3rd Individual and the 1st Team will receive medals

The winning Junior Women to receive the "Young Endeavour Trophy " for 12 months

Title Holders Glasgow University H and H

Individual Winner

TEAMS NOT LESS THAN 3 AND 3 TO COUNT**Aberdeen AAC-Colours: White with 2 red hoops**

1 Tracey Brindley	2 Sonia Armitage	3 Claire Miller	4 Carin Hume
5 Janice Gordon	6 Nicola Smith	7 Kathryn Mearns	8 Laura Stark(Jun)
9 Nancy Mackinnon	10 Carol Reid		

Annan & District AC-Colours: Yellow Vest/Black Shorts

11 Elizabeth Myatt

Anster Haddies-Colours: Yellow Vest

12 Hazel Bradley

Arbroath & District AC-Colours: Black with vertical yellow stripe

13 Mary McConnachie (Jun)

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

14 Pamela Pattison	15 Trudi Thomson	16 Kim Roberts	17 Alison Whyte
18 Helen Kane	19 Marianne Hayward	20 Gillian McDonald	21 Pamela Blyth
22 Hannah Norman (Jun)	23 Kimberly Montador (Jun)	24 Anne Paterson	25 Christine Garv

Banchory Stonehaven AC-Colours: Royal Blue with White band

26 Catriona Curtis (Jun)

Carnethy Hill RC-Colours: Yellow with Red letters

27 Angela Mudge	28 Kate Jenkins	29 Anne Nimmo	30 Janice Smith
31 Jacqui Higginbottom			

Central AC-Colours: Yellow and Blue

32 Claire Waterhouse(Jun) 33 Jane Waterhouse 34 Alison Wyllie(Jun)

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

35 Lianne Harrison(Jun)	36 Sharyn Aitken	37 Debra Murray (Jun)	38 Aileen Wood
39 Karen Newman	40 Caroline Wallace		

Results for all races will be available on the Internet at
<http://www.geocities.com/Colosseum/Dugout/6409/>
 soon after the Championships.

City of Glasgow AC-Colours: Royal Blue with Green Panel

41 Julie McDevitt 42 Helen Sliemon 43 Charlotte Mc Fadden 44 Eileen Cochrane
 45 Alix Castro 46 Ann Macphail 47 Celia Thompson 48 Jacqueline Thomson
 49 Lianne Campbell (Jun) 50 Carol-Ann Thomson 51 Susan Partridge (Jun) 52 Kelly Limond (Jun)
 53 Sandra Campbell 54 Beth Cockburn 55 Margaret Sinclair 56 Lisa Moody
 57 Anne Harvie 58 Maria Psatha 59 Gail Walker 60 Hayley Hainning
 61 Kirsty Munro (Jun)

City of Stoke-Colours

62 Suzanne Owen (Jun)

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

63 Gillian Hanlon 64 Morag Taggart 65 Alison Carr 66 Louis Provan

Dundee Road Runners-Colours: White with Blue Diagonal

67 Margaret Anderson 68 Caroline Stewart 69 Sally Ibotson

East Kilbride AAC-Colours: Gold with 2 Black hoops

70 Kelly Smith (Jun)

Edinburgh Woollen Mill-Colours: White /Blue /Red

71 Ruth McKean 72 Susan Ridley 73 Isobel Knox(Jun) 74 Hayley Parkinson
 75 Vicky Frew 76 Victoria Lawrence 77 Mary McClung 78 Sheila Coventry

Falkirk Victoria Harriers-Colours: Black with Gold Band

79 Caroline Lawless

Ferranti AAC-Colours: Yellow with Black letters

80 Susana Sanchez

Fife AC-Colours: White with Red Band

81 Eliza McLachlan 82 Fiona Lothian 83 Phyllis Lemoncello 84 Louise Burt
 85 Karen Ritchie 86 Caroline Pollard 87 Kim Macgregor 88 Sandra Aitken

FMC Carnegie Harriers-Colours: Orange and Green

89 Abigail Morrison 90 Nicola May 91 Sarah Legge

Gala Harriers-Colours: White with Green Band

92 Karen Renton 93 Patricia Affleck 94 Christine Mckinlay 95 Laura Howie
 96 Nicola Alexander 97 Suzanne Gilchrist 98 Lucy Dumper

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

99 Shona Hughes 100 Hilary Millar 101 Susan Robinson 102 Viviane Kerr
 103 Ann Carroll 104 Jane Grassie 105 Lorna Paterson 106 Doleen Galbraith
 107 Joyce Pritz 108 Andree Campbell

Glasgow University H & H-Colours: Black and Gold

109 Emily Weathers 110 Alison Jones

Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops

111 Anne Hay

Haddington East Lothian Pacemakers-Colours: Red and White Halves

112 Lesley Nichol 113 Kelly Hensler

Helensburgh AAC-Colours: Yellow with Red Band

114 Audrey McBride 115 Karis Leckie 116 Noreen Jennison

Herne Hill Harriers- Colours Red and Black Hoops

117 Wendy Chalmers

Hunters Bog Trotters-Colours: Brown

118 Morag Campbell 119 Debbie McDonald 120 Alison Mc Neillage 121 Kirsten Simister
 122 Megan Smith 123 Alison Sutherland

Inverclyde AC-Colours: Black & White Stripes

124 Annmarie Mc Kee

Inverness Harriers-Colours: Gold with Maroon Diagonal

125 Alison Campbell(Jun)

Irvine AC-Colours: Red with Black Trim

126 Jan Roxburgh 127 Dawn Scott 128 Helen Morton 129 Elizabeth Mc Gar
 130 Morag Burke

Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes

131 Lindsay McMahon

Kilbarchan AAC-Colours: Gold with Black Hoop

132 Susan Pearson 133 Janice Moore 134 Katherine Chapman 135 Margaret Moore
 136 Helen Lundie 137 Eileen Masson

Kinross Road Runners-Colours: Yellow with Royal Blue Band

138 Sheila Bauchop

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

139 Carole Mc Innes 140 Ada Stewart 141 Laura Johnstone

Kwik Fit Corstorphine AC-Colours: White with Black Trim

142 Gillian Pilkington

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

143 Lorna Rice 144 Karen Meikle 145 Jean Neil 146 Morag Nicolson
 147 Nicola Murray (Jun)

Livingston & District AAC-Colours: Yellow with Green Stripe

148 Kim Buckley 149 Lorna Eades 150 Avril Gardner 151 Gillian Matthews
 152 Fiona Weir

Loudoun Runners AC-Colours: Royal Blue with 3 Horizontal Yellow Bands

153 Allison Higgins

Motherwell AC-Colours: Red with White edging

154 Phyllis Wilson

Penicuik Harriers-Colours: Purple with White Panels

155 Lori McCrae 156 Anna Graham

Ron Hill Cambuslang Harriers-Colours: Red with White Band

157 Vanessa Farmer (Jun)

Shettleston Harriers Ladies-Colours: Blue with Yellow Band

158 Susan Carter 159 Frances Florence 160 Lynn Harding 161 Elaine Mackay
 162 Elaine Mcbrinn 163 Eileen Reid

Strathkelvin Ladies-Colours: Navy Blue with Green Trim

164 Marlene Gemmell 165 Wendy Gorman

Westerlands CCC-Colours: Yellow with Black "W" on Back

166 Elsbeth Scott 167 Patricia McLaughlin 168 Muffy Thomas 169 Jane Robertson

Unattached

170 Julie Thomson



7th ANNUAL

U17 MEN'S CHAMPIONSHIPS

(Over 15 but under 17 as at 1st September 1998)

Distance 4miles/6,400metres

The winning team to hold the "Bryson Cup" for 12 months

The winning individual to hold the "Goodwin Bowl" for 12months

THE RACE WILL START AT 3.10 PM

The holders Fife AC

Individual Winner A.Cassalls (Fife AC)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

Aberdeen AAC-Colours: White with 2 red hoops

1 Charles Milne

Arbroath & District AC-Colours: Black with vertical yellow stripe

2 Grant Ritchie 3 Keith Tollerton

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

4 Paul Rogers

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

5 Jamie Paterson

BP Black Isle AAC-Colours: Black with Red Diagonal Stripe

6 Alan Campbell 7 Craig Poole 8 Tony Golabek 9 Simon Marwick

Central AC-Colours: Yellow and Blue

10 Robert Russell 11 Paul Whitelam

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

12 Darrell Hastie 13 Leslie Simpson 14 Martin Booth 15 Gordon Rochoy

16 Steven Kemp

Clydesdale Harriers-Colours: White with Black "C"

17 M Rudzinski 18 Alistair Mc Donald

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

19 Chris Foley 20 Ian Tkaczyk 21 John Nicoll 22 David MacDonald

East Kilbride AAC-Colours: Gold with 2 Black hoops

23 Colin Henderson

Falkirk Victoria Harriers-Colours: Black with Gold Band

24 Philip Evans 25 Robert Gliniany 26 Kerr Johnstone 27 Craig Russell

Fife AC-Colours: White with Red Band

28 Andrew Lemoncello 29 Thomas Greene 30 Scott Cassidy 31 M Nelson

32 P Parkinson

Forres Harriers-Colours: Red

33 John Mitchell

Garscube Harriers-Colours: White with Blue Band

34 Callum Russell

George Heriots CCC-Colours: White with Blue Band

35 Philip Williams 36 Scott Campbell 37 David Eynon 38 Christopher Collin

39 Andrew Gray 40 Christopher Leakey 41 Ian Purves 42 William Revolta

43 Gavin Steel 44 Keith Sutherland 45 Michael Walker 46 Christian McDermott

47 Neil Salmond

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

48 Robbie Birrell 49 Colin George 50 Grant Mitchell

Inverclyde AC-Colours: Black & White Stripes

51 Mark Doherty 52 Mark Pollard 53 K McKenna 54 R Mark

Inverness Harriers-Colours: Gold with Maroon Diagonal

55 Simon MacIntyre 56 Andrew Duncan

Irvine AC-Colours: Red with Black Trim

57 Jonathon Smith 58 Graeme Ferguson

Kilbarchan AAC-Colours: Gold with Black Hoop

59 Stewart Crapnell 60 Graeme Dobbie 61 Neil Morrison 62 David Eules

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

63 Russell Spinks

Kwik Fit Corstorphine AC-Colours: White with Black Trim

64 Ewan Stark

L & L Track Club-Colours: Lemon with Scarlet Trim

65 Brian Ward

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

66 Daryl Philip 67 Ross Martin

Nithsdale AC-Colours: Jade Green/Black/White

68 Ryan Maurer 69 Garry Legg

Penicuik Harriers-Colours: Purple with White Panels

70 Ian Veitch

Ron Hill Cambuslang Harriers-Colours: Red with White Band

71 A Davidson 72 K Dunlop 73 Darren Hyslop 74 Kevin Kealey

75 T McNally 76 P Mc Nally 77 Craig Neil 78 Simon Shinwell

Shettleston Harriers-Colours: Blue with Yellow Band

79 John McLaren 80 Stephen Waclawski

Springburn Harriers-Colours: Navy Blue with White Diamond

81 Ian Marshall

Teviotdale Harriers-Colours: White with Maroon Band

82 Christopher Watson 83 Brian Marsh

Victoria Park AAC- Colours: Blue and White Hoops

84 Christopher Watson 85 Derek Watson 86 David Bass 87 Peter Buckner

88 K Foster

Unattached

89 Robbie Grieve

Results for all races will be available on the Internet at
<http://www.geocities.com/Colosseum/Dugout/6409/>
 soon after the Championships.

SCOTTISH ATHLETICS AND THE INTERNET

The Internet is increasingly becoming a source of information on athletics and the number of clubs with their own web site is increasing all the time. Individuals and races also have sites.

Scottish Clubs

City of Edinburgh Athletic Club	www.harenet.demon.co.uk/coe/
Ronhill Cambuslang Harriers	www.chem.gla.ac.uk/~david/harriers.html
Carnethy Hill Running Club	www.ed.ac.uk/~eobc02/running/carnethy/carnethy.htm
Edinburgh Woollen Mill	www.eece.napier.ac.uk/~derek/
Edinburgh University H & H	www.ed.ac.uk/~haries/
Glasgow University H & H	www.gla.ac.uk/Clubs/HaresandHounds/
Harmony Athletic Club	http://dspace.dial.pipex.com/town/plaza/ca37/hrhome.htm
Shettleston Harriers Ladies	http://homepages.strath.ac.uk/~chfs10/
Strathclyde University Harriers	www.strath.ac.uk/Students/Harriers/
FMC Carnegie Harriers	www.users.globalnet.co.uk/~cseaman/FMCCar.htm
Penicuik Harriers	http://expage.com/page/penicuikharriers2

Other Scottish Pages

Scottish Athletics Federation	www.ppg.dcs.st-and.ac.uk/SAFPages/SAFHomePage/saf.html
Paul Caban's Results Page	www.ed.ac.uk/~sr25/running.html
West Highland Way Pages	http://freespace.virgin.net/dario.melaragni/INDEX.htm
Scottish CC & RR Results	www.geocities.com/Colosseum/Dugout/6409/
Brian Howie's Shorts	www.b-howie.demon.co.uk/run.htm
Alloa Half Marathon	www.lornshil.demon.co.uk/marathon/index.html
Guide to Highland Games	www.kedslie.demon.co.uk/

It is possible there are other Scottish sites not listed above

Both individual and team results from today's races will be available at: www.geocities.com/Colosseum/Dugout/6409/ shortly afterwards. There are also links to all the pages listed above on this page.



*Supporting
And
Developing
Local Sport*